

# Children's Parliament National Sitting 2018

*"When Scotland's children and young people shine, Scotland shines"*

-Maree Todd MSP



Defending Children's Human Rights



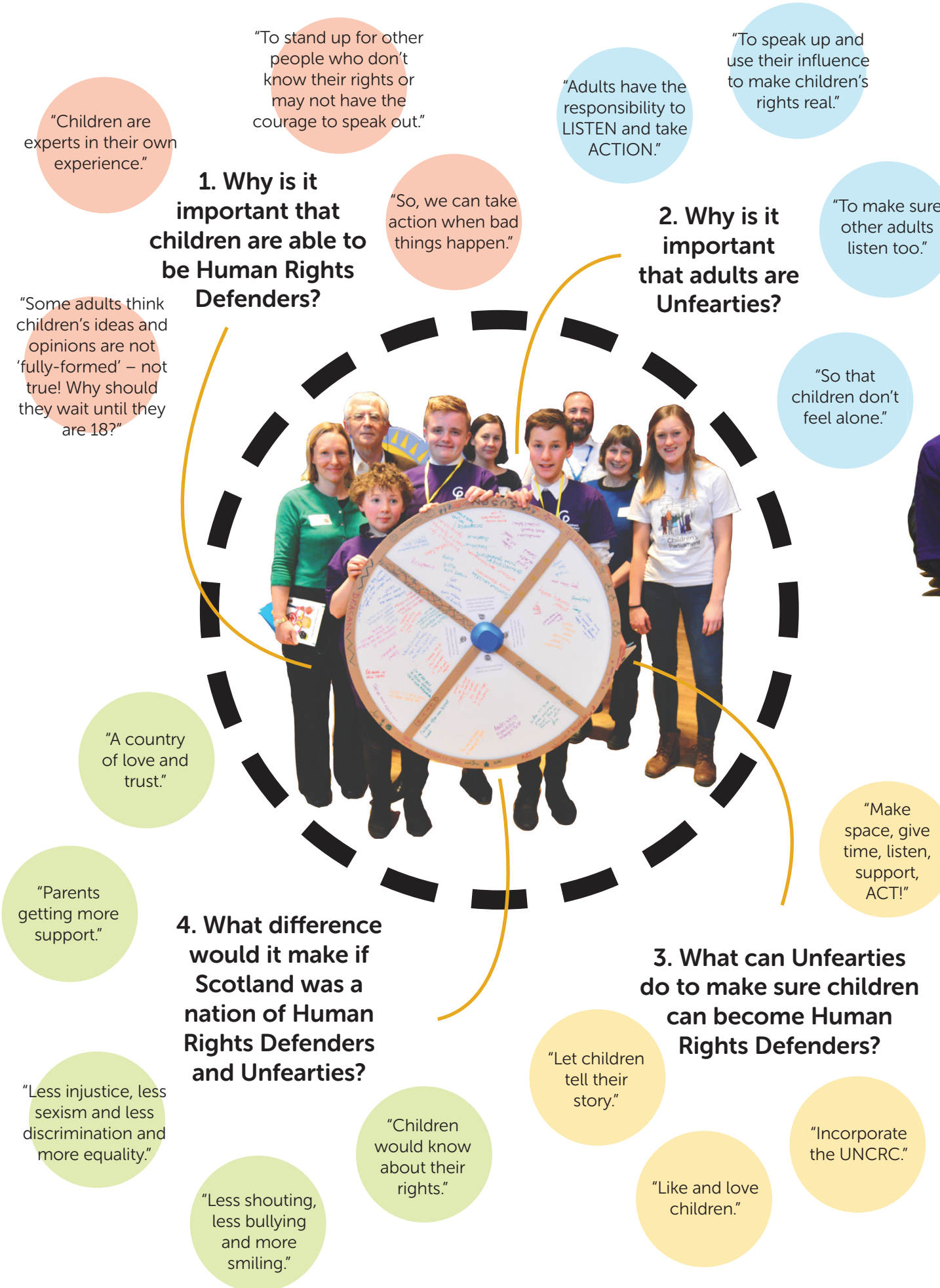
Members of Children's Parliament are keen and able to work with adults to achieve a culture that loves and values all children equally; they want to help create a world where all human rights are respected.

Knowing you have human rights is the first step to becoming a Human Rights Defender, but it can be difficult for a child to use their voice to defend human rights. Adults don't always appreciate a child speaking up for themselves and children can sometimes be afraid to speak up, especially if they aren't sure that they are allowed to. That is why it is so important for more adults to step up and become Unfearties.

**"Rights are what people are meant to have. It's when you make children's lives fair."**

- MCP, age 10

MCPs and Unfearties worked in small groups with large shield props, which facilitated creative conversations around 4 key questions.



As Unfearties, adults defend the human rights of children by embodying the UNCRC's principles of trust, kindness, empathy and dignity. Unfearties use these to speak out in ways that are helping to make Scotland a country that loves, values and includes children.

As Unfearties, we can ensure every child feels confident to voice their ideas and every adult knows their responsibility to stand up for and alongside children. Together, we can create a culture that defends children's human rights - a Nation of Unfearties!

**"Dignity is including people and respecting who they are and being listened to."**

- MCP, age 11



Children's Parliament National Sitings take place annually on 20th November (UN Universal Children's Day). The events act as waymarkers on our journey toward making Scotland a country where human rights are understood, lived and respected - so that children grow up happy, healthy, safe and loved.



In 2018, the National Sitting provided delegates with the opportunity to explore the support that children need to become Human Rights Defenders.

Join the Unfearties: [bit.ly/Unfearties](https://bit.ly/Unfearties)

**Children's Parliament**  
giving ideas a voice  
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